



CLASSROOM TRAINING: MANUAL HANDLING

OVERVIEW

Participants will through theoretic, practices and exercises learn the basics in how to plan and perform safe work in the Wind Industry/environment. This includes knowledge and skills in how to perform Manual Handling activities in a correct and safe manner. Participants must be physically able to work in the selected work environment.



RELEVANT TO

All technicians in position to access on-or offshore Wind Turbines



CLASS SIZE

Maximum 8 people



COURSE LENGTH

4 hours



QUALIFICATION

GWO Manual Handling



LOCATION

La Muela - Zaragoza, Spain
Franklin - Wisconsin, USA
Them - Silkeborg, Denmark



VALIDITY

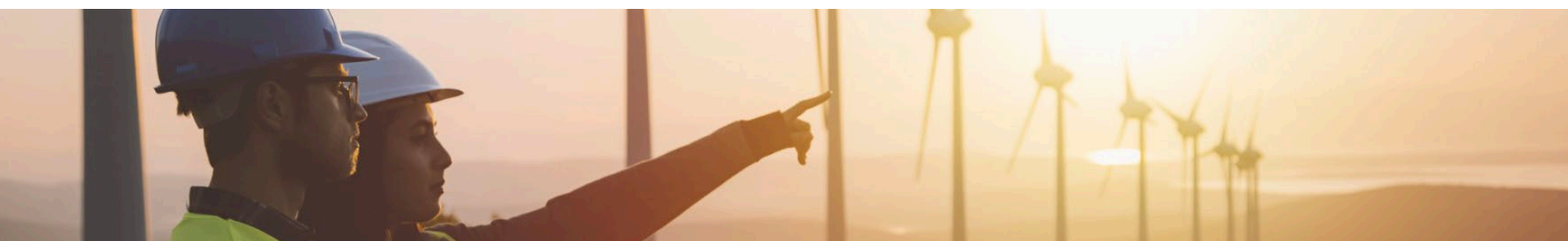
24 months

COURSE DESCRIPTION

The course will cover:

- An introduction to the training to relay the nature and expectations of the course
- Legislation
- Medical self-assessment
- Risks and hazards
- Spinal anatomy and posture
- Planning lifts
- Risk control and lifting techniques
- Behavioural safety
- Practices in lifting
- Summing up and evaluation

Recognized under the global wind organisation standard



REGISTER FOR YOUR COURSE

Email: info@alimakservice.com