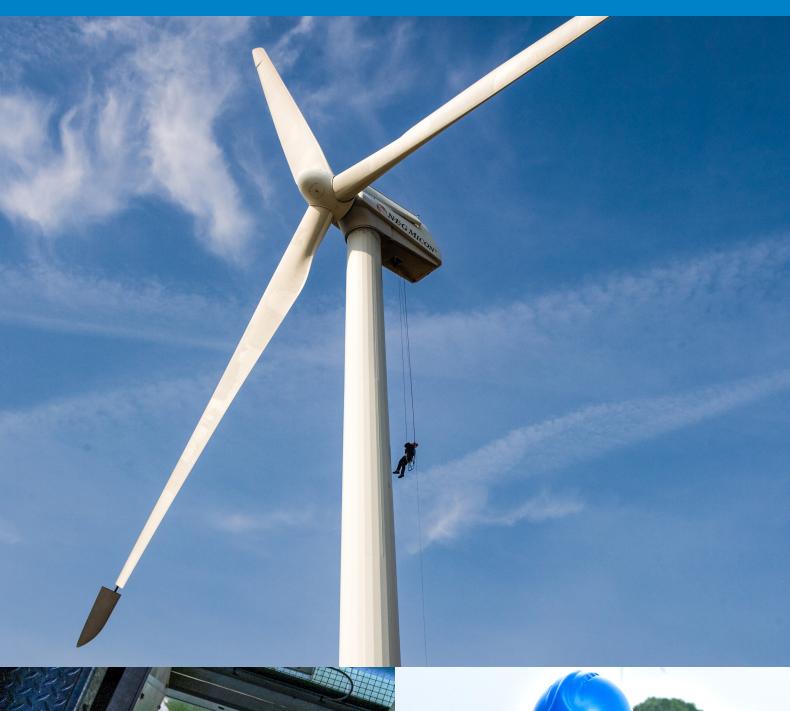
# WIND SAFETY TRAINING (GWO) MANUAL HANDLING REFRESHER







# BASIC SAFETY TRAINING RECOGNIZED UNDER THE GLOBAL WIND ORGANISATION STANDARD

# **MANUAL HANDLING REFRESHER- 3.5 HOURS GWO**

**Target group:** All technicians, who have already participated in Manual Handling training and need to refresh their knowledge.

**Objective:** To refresh and improve participant's current skills and knowledge in planning and performing safe work with Manual Handling in the wind industry. Additionally also to encourage safe behaviour whenever performing activities related to Manual Handling.

#### **Content:**

- Introduction
- Legislation
- Medical self-assessment
- Risk and hazards
- Behavioural safety
- Spinal anatomy and posture
- Planning lifts
- Practices
- Ending and evaluation

#### **Number of Participants:**

Open courses – individual enrolment Closed courses – maximum 8 people

**Duration:** 3.5 hours

# Prerequisites for participation:

Possession of a valid certification from Manual Handling – GWO Basic Safety Training is required.

Furthermore participants must be physically able to work in the selected work environment.

Participants must bring along safety footwear and working clothes.



# **Training Centers:**

La Muela (Zaragoza), Spain Franklin (Wisconsin), USA Them (Silkeborg), Denmark

# Available languages:

**English** 

German



Spanish

\_\_\_\_ American

Chinese

#### Alimak Group Denmark A/S

Adidasvej 2, Knudlund Industricenter 8653 Them Denmark

P: (+45) 4824 9024 F: (+45) 4824 9124

E: info@avanti-online.com



